

Y-DNA haplogroups in populations of South Asia

Y-DNA haplogroups in populations of <u>South Asia</u> are <u>haplogroups</u> of the male <u>Y-</u> chromosome found in South Asian populations.

Major Y-chromosome DNA haplogroups in South Asia



World map of <u>early migrations of</u> modern human beings based on the Y-chromosome DNA.

South Asia, located on the crossroads of Western Eurasia and Eastern Eurasia, accounts for about 39.49% of Asia's population, and over 24% of the world's population. It is home to a vast array of people who belong to diverse ethnic groups, who migrated to the region during different periods of time.

The presence of <u>Himalayas</u> in northern and eastern borders of South Asia have limited migrations from Eastern Eurasia into <u>Indian subcontinent</u> in the past. Hence most of the malemediated migrations into South Asia occurred from Western

Eurasia into the region, as seen in the Y-chromosome DNA Haplogroup variations of populations in the region. [4]

The major paternal lineages of South Asian populations, represented by <u>Y_chromosomes</u>, are haplogroups <u>R1a1</u>, <u>R2</u>, <u>H</u>, <u>L</u>, and <u>J2</u>, as well as <u>O-M175</u> in some parts (northeastern region) of the <u>Indian subcontinent</u>. Haplogroup R is the most observed Y-chromosome DNA haplogroup among the populations of South Asia, followed by H, L, and J, in the listed order. These four haplogroups together constitute nearly 80% of all male Y-chromosome DNA haplogroups found in various populations of the region.

The Y-chromosome DNA Haplogroups R1a1, R2, L, and J2, which are found in higher frequencies among various populations of the <u>Indian subcontinent</u>, are also observed among various populations of Europe, Central Asia, and Middle East. [7]

Some researchers have argued that Y-DNA Haplogroup R1a1 (M17) is of <u>autochthonous</u> South Asian origin. However, proposals for a <u>Eurasian Steppe</u> origin for R1a1 are also quite common and supported by several more recent studies. 19 The spread of R1a1 in Indian subcontinent is

associated with <u>Indo-Aryan migrations</u> into the region from South <u>Central Asia</u> that occurred around 3,500-4,000 years before present. The R1a-Z93 paternal genetic in Romani people was also discovered. [10] Indian-Brahmin origin of paternal haplogroup R1a1*. [11]

The <u>Haplogroup R2</u> is mainly restricted to various populations of South Asia, in addition to some populations of South Central Asia, <u>Middle East, Asia Minor</u> and the <u>Caucasus</u> where it is observed in low frequencies. [12] R2 has higher frequency among the speakers of the <u>Indo-Aryan languages</u> as compared to Dravidian speakers of South India. [8]

The <u>Haplogroup H</u> (also known as the "Indian marker" [4]), which is a direct descendant of the <u>Upper Paleolithic Eurasian Haplogroup HIJK</u>, is mostly restricted to South Asian populations of the <u>Indian subcontinent</u>, in addition to some populations of South <u>Central Asia</u> and eastern <u>Iranian plateau</u>, where it is found in low frequencies. It originated somewhere in the <u>Middle East</u> or South <u>Central Asia</u> and travelled to South Asia and adjoining areas of the eastern <u>Iranian plateau</u> around 40,000-50,000 years before present.

The Haplogroup L, which is thought to have originated near Pamir mountains of present-day Tajikistan in South Central Asia, [4] travelled throughout Indian subcontinent during the Neolithic period, and it is associated with the spread of the Bronze Age Indus Valley Civilisation (IVC) in South Asia, which existed around 3,300-5,300 years before present. [4] It is also observed among many populations of the Iranian plateau. The spread of the Haplogroup J2 from Iranian plateau into Indian subcontinent also occurred during the Neolithic period, alongside L. [4]

The <u>Haplogroup O-M175</u>, which is a major haplogroup observed among the populations of <u>East</u> and <u>Southeast Asia</u>, is found largely restricted among the <u>Tibeto-Burman</u> and <u>Austroasiatic</u> speakers of the Himalayan and northeastern regions of South Asia. [6]

d J2b2-M241

frequency distribution of Y-DNA haplogroup J2b2-M241

Frequencies in South Asian ethnic groups

Listed below are some notable groups and populations from South Asia by human Y-chromosome DNA haplogroups based on various relevant studies.

The samples are taken from individuals identified with specific linguistic designations (**IE**=<u>Indo-European</u>, **Dr**=Dravidian, **AA**=Austro-Asiatic, **ST**=<u>Sino-Tibetan</u>) and individual linguistic groups, the third column (**n**) gives the sample size studied, and the other columns give the percentage of the respective haplogroups.

Majority of the <u>Indo-European</u> (**IE**) speakers of South Asia speak <u>Indo-Aryan languages</u>, followed by <u>Iranian languages</u>, both of which belong to <u>Indo-Iranian branch</u> of the Indo-European language family. [13][14] They form around 75% of the South Asian populations. [13]

The <u>Dravidian</u> (**Dr**) speakers of South Asia are mostly clustered in <u>South India</u> and <u>Balochistan</u>, as well as parts of Central India. [15] They form around 20% of the South Asian populations. [15]

The <u>Sino-Tibetan</u> (**ST**) speakers in the Himalayas and northeastern parts of the South Asia speak various languages belonging to Tibeto-Burman branch of the Sino-Tibetan language family. [16]

The <u>Austroasiatic</u> (**AA**) speakers of South Asia are scattered in parts of <u>Central</u>, <u>Eastern</u> and Northeastern India as well in parts of Nepal and Bangladesh.

Note: The <u>converted</u> frequencies from some old studies conducted in <u>2000s</u> may lead to unsubstantial frequencies below. Table below has been sorted in alphabetical order based on the name of the population.

Frequencies of Y chromosome DNA haplogroups in some selected ethi

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Population	Language (if specified)	n	<u>c</u>	<u>E</u>	<u>F</u>	<u>G</u>	<u>H</u>	Ī	Ī	<u>K</u>	<u>L</u>	<u>N</u>	<u>o</u>
Andhra Tribals (Andhra Pradesh, India)	Dr (<u>Telugu</u>)	29	0	0	10.3%	3.4%	34.5%	0	3.4%	0	6.9%	0	6.9%
Balochi (Balochistan, Pakistan)	IE (<u>Balochi</u>)	25	0	8%	0	0	4%	0	16%	0	24%	0	0
Bengalis (Bangladesh)	IE (Bengali)	42	7.14%	0	0	4.72%	35.71%	0	11.9%	0	4.76%	0	9.52%
Bengalis (Bangladesh)	IE (<u>Bengali</u>)	649	0	2.62%	0	1.08%	17.72%	4.16%	15.72%	0	17.41%	0.46%	0
Bengalis (West Bengal, India)	IE (<u>Bengali</u>)	31	3.2%	0	3.2%	3.2%	9.7%	0	9.7%	0	0	0	3.2%
Bhargavas (India)	IE (<u>Indo-Aryan</u>)	96	6.3%	0	4.2%	0	16.7%	0	6.3%	4.2%	0	0	2.1%
Bihar Paswan (Bihar, India)	IE (Bhojpuri)	27	0	0	3.7%	11.11%	14.81%	0	3.7%	0	7.41%	0	3.7%
Bihar Brahmins (Bihar, India)	IE (<u>Maithili</u>)	38	2.63%	0	0	0	0	0	2.63%	5.26%	13.16%	0	0
Brahmins (India)	IE (<u>Indo-</u> <u>Aryan),</u> Dr (<u>Dravidian</u>)	118	10.2%	0	2.5%	1.7%	11.9%	0	11.9%	1.7%	2.5%	0	4.2%
Brahui (Balochistan, Pakistan)	Dr (<u>Brahui</u>)	25	4%	0	0	16%	4%	0	28%	0	8%	0	4%
Burusho (Gilgit- Baltistan, Pakistan)	Isolate (<u>Burushaski</u>)	97	8.2%	0	1%	1%	4.1%	0	8.2%	0	16.5%	0	3.1%
Chakma (Bangladesh)	IE (<u>Chakma</u>)	116	0	1.72%	0	3.45%	4.31%	6.03%	10.34%	0	52.59%	1.72%	0
Chamar (<u>Hindi Belt,</u> India)	IE (Indo-Aryan)	18	5.6%	0	0	0	44.4%	0	0	0	0	0	0
Chaturvedis (<u>Hindi Belt,</u> India)	IE (Hindi)	88	9.1%	0	3.4%	0	6.8%	0	12.5%	4.5%	2.3%	0	2.3%
Chenchu (South India)	Dr (<u>Telugu</u>)	41	4.9%	0	0	0	36.6%	0	7.3%	0	14.6%	0	0
Dawoodi Bohra (Gujarat, India)	IE (<u>Gujarati</u>)	50	2%	0	4%	0	26%	0	8%	0	6%	0	0
Dawoodi Bohra (Tamil Nadu, India)	IE (<u>Urdu</u>)	26	0	0	0	0	38.5%	0	0	0	7.7%	0	0
Gujarat Bhils (Gujarat, India)	IE (<u>Bhil</u>)	22	9.09%	0	0	0	27.27%	0	18.18%	0	18.18%	0	0
Gujarat Brahmins (Gujarat, India)	IE (<u>Gujarati</u>)	64	3.33%	3.33%	0	10.94%	1.56%	0	15.63%	3.13%	7.81%	3.13%	0
Gujarati Indians (USA)	IE (Gujarati)	58	20.69%	0	0	3.45%	20.69%	0	8.62%	0	8.62%	0	0

Population	Language (if specified)	n	<u>c</u>	<u>E</u>	<u>F</u>	<u>G</u>	<u>H</u>	Ī	Ī	<u>K</u>	<u>L</u>	<u>N</u>	<u>o</u>
Gujaratis (Gujarat, India)	IE (<u>Gujarati</u>)	29	17.2%	0	0	0	13.8%	0	20.7%	0	10.4%	0	0
Hazara (Balochistan, Pakistan)	IE (<u>Hazaragi</u>)	25	40%	0	0	0	0	4%	4%	0	0	0	8%
Himachal Brahmin (Himachal Pradesh, India)	IE (<u>Pahari</u>)	19	5.26%	0	15.79%	0	10.53%	0	5.26%	0	5.26%	0	0
India	IE (Indo- Aryan), Dr (<u>Dravidian</u>), AA (Austroasiatic), ST (Tibeto- Burman)	728	1.8%	0	5.2%	1.2%	26.4%	0	9.3%	0	18.7%	0	23.9%
India	IE (Indo- Aryan), Dr (Dravidian), AA (Austroasiatic), ST (Tibeto- Burman)	1152	1.4%	0	3%	0.1%	23%	0	9.1%	0	17.5%	0	18%
India	IE (Indo- Aryan), Dr (Dravidian), AA (Austroasiatic), ST (Tibeto- Burman)	1,615	0	0	0	0	0	0	0	0	0	0	0
India (<u>Central</u>)	IE (<u>Indo-</u> <u>Aryan),</u> Dr (<u>Dravidian</u>)	50	0	0	4%	2%	20%	0	4%	0	4%	0	8%
India (<u>East</u>)	IE (Indo- Aryan), AA (Austroasiatic), Dr (Dravidian)	367	0.8%	0	2.7%	0	19.3%	0	4.1%	0	1.9%	0	20.7%
India (<u>West</u>)	IE (<u>Indo-Aryan</u>)	204	5.4%	0	0.5%	0	33.3%	0	11.3%	0	11.8%	0	0
India (<u>North</u>)	IE (Indo- Aryan), ST (Tibeto- Burman)	180	0	0	1.1%	0.6%	24.5%	0	7.8%	0	1.7%	0	2.3%
India (Northeast)	ST (Tibeto- Burman)	108	0	0	0	0	0.9%	0	0	0	0	0	79.7%
India (<u>S.</u> Gujarat tribals)	IE (Indo-Aryan)	284	8.5%	0	4.2%	0	40.1%	0	10.2%	2.8%	3.2%	0	0
India (<u>South</u>)	Dr (<u>Dravidian</u>)	372	1.9%	0	4%	0	27.5%	0	19.7%	0	10.8%	0	0
India Shia (India)	IE (<u>Urdu</u>)	161	3.7%	1.9%	5.6%	5%	8.6%	0	28.7%	0	0	0	0.6%
Indian Dravidians	Dr (<u>Dravidian</u>)	353	1.7%	0	9.3%	2.3%	32.9%	0	19.7%	0	11.6%	0	13.6%
Indian Indo- Europeans	IE (<u>Indo-Aryan</u>)	205	2.4%	0	2.4%	0.5%	28.8%	0	11.3%	0	3.9%	0	4.9%
Indian Munda	AA (<u>Munda</u>)	892	0	0	4%	0	23.1%	0	3.9%	0	0	0	57.2%
Indian Sunni	IE	129	0	0	3.1%	2.3%	14%	0	20.1%	2.3%	3.1%	0	0

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(India)	(<u>Urdu</u>)												
Indian tribes	IE (Indo- Aryan), Dr (Dravidian), AA (Austroasiatic), ST (Tibeto- Burman)	505	2.2%	0	2%	0.2%	21.2%	0	2.6%	0	3.2%	0	40.6%
Indian Sino- Tibetans	ST (<u>Tibeto-</u> Burman)	87	1.1%	0	0	0	2.3%	0	0	0	0	0	86.2%
Indian Telugus (UK)	Dr (<u>Telugu</u>)	60	1.67%	0	0	0	26.67%	0	6.67%	0	1.67%	1.67%	0
India's <u>Lower</u> <u>Castes</u>	IE (<u>Indo-</u> <u>Aryan</u>), Dr (<u>Dravidian</u>)	261	0.8%	0	4.6%	0	27.6%	0	3.1%	0	5.4%	0	0.4%
India's <u>Middle</u> <u>Castes</u>	IE (Indo- Aryan), Dr (Dravidian)	175	0.6%	0	5.1%	0	21.1%	0	9.7%	0	5.7%	0	0
India's <u>Upper</u> <u>Castes</u>	IE (Indo- Aryan), Dr (Dravidian)	211	0.9%	0	1.9%	0	23.3%	0	10%	0	11.4%	0	0
Indo-Aryan Castes (India)	IE (<u>Indo-Aryan</u>)	29	5.3%	0	3.6%	0.6%	6.5%	0	16.6%	1.2%	11.2%	0	1.2%
Iranian Shia (India)	IE (<u>Indo-Aryan</u>)	25	0	0	16%	8%	4%	0	24%	28%	0	0	0
Jats (Punjab)	IE (Punjabi)	302	0	1%	0	3.6%	3.6%	1%	9.6%	0	36.8%	0	0
J&K Kashmir Gujars (Jammu and Kashmir, India)	IE (Gujari)	49	2.04%	0	4.08%	0	10.2%	0	6.12%	8.16%	16.33%	0	0
J&K Kashmiri Pandits (Jammu and Kashmir, India)	IE (<u>Kashmiri</u>)	51	1.96%	0	3.92%	1.96%	9.8%	0	9.8%	9.8%	5.88%	0	0
Kalash (Khyber Pakhtunkhwa, Pakistan)	IE (<u>Kalasha</u>)	44	0	0	0	18.2%	20.5%	0	9.1%	0	25%	0	0
Kathmandu (Nepal)	IE (Indo- Aryan), ST (Tibeto- Burman)	77	7.8%	0	0	0	11.7%	0	10.4%	0	0	0	20.8%
Khasi (Meghalaya, India)	AA (Khasi)	92	0	0	10.9%	0	6.5%	0	0	0	0	0	72.8%
Kodava (Karnataka, India)	Dr (<u>Kodava</u>)	50	2%	0	2%	0	8%	0	16%	0	18%	0	0
<u>Khasi</u> (Bangladesh)	AA (Khasi)	90	0	12.75%	0	0	3.92%	0	9.80%	0	45.10%	0	0
Kokanastha Brahmin (Maharashtra, India)	IE (Marathi)	25	0	0	0	0	12%	0	28%	0	4%	0	0
Konkanastha Brahmins (Maharashtra, India)	IE (Marathi)	43	2.3%	0	2.3%	0	9.3%	0	14%	2.3%	18.6%	0	0

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Koraga Tribals (<u>Karnataka,</u> India)	Dr (<u>Koraga</u>)	33	0	0	0	0	87.9%	0	0	0	0	0	0
Koya (Andhra Pradesh and Telangana, India)	Dr (<u>Koya</u>)	41	0	0	26.8%	0	70.7%	0	0	0	0	0	0
Lambadi (Rajasthan, India)	IE (<u>Lambadi</u>)	35	17.1%	0	2.9%	0	8.6%	0	5.7%	0	17.1%	0	0
Madhya Pradesh Brahmins (Madhya Pradesh, India)	IE (<u>Hindi</u>)	42	0	0	2.38%	0	7.14%	0	23.81%	0	7.14%	2.38%	0
Madhya Pradesh Gonds (Madhya Pradesh, India)	Dr (<u>Gondi</u>)	64	0	0	0	0	62.5%	0	0	6.25%	0	0	6.25%
Madhya Pradesh Saharia (Madhya Pradesh, India)	IE (Hindi)	57	0	0	5.27%	0	33.33%	0	0	3.51%	0	0	0
Maharashtra Brahmins (Maharashtra, India)	IE (<u>Marathi</u>)	30	3.33%	0	0	3.33%	10%	0	16.67%	3.33%	10%	3.33%	3.33%
Manipuri (Bangladesh)	ST (<u>Meitei</u>)	102	0	0	0	5.56%	2.22%	10.00%	11.11%	0	25.56%	1.11%	0
Mappila Muslims (Kerala, India)	Dr (<u>Malayalam</u>)	40	0	0	0	0	27.5%	0	20%	5%	10%	0	0
Mundari (East India)	AA (<u>Munda</u>)	789	0	0	3.3%	0	25.4%	0	4.4%	0	0	0	55%
New Delhi Hindus (New Delhi, India)	IE (<u>Hindi</u>)	49	0	0	0	2%	18.3%	0	8.1%	0	4.1%	0	2%
<u>Pakistan</u>	IE (<u>Indo-Aryan,</u> Iranian)	176	7.4%	0	0	6.2%	6.2%	0	15.3%	0	13.1%	0	2.3%
<u>Pakistan</u>	IE (Indo- Aryan, Iranian), Dr (Brahui)	638	3%	0	0.8%	2.7%	2.5%	0	20.2%	0	11.6%	0	0.5%
Parsis (<u>Western</u> <u>India</u> – Lay)	IE (<u>Persian</u>)	122	0	5.7%	0	0	0	0	54.9%	1.6%	2.5%	0	0
Parsis (Western India – Priest)	IE (<u>Persian</u>)	71	0	1.4%	0	0	0	0	4.2%	0	54.9%	0	0
Pashtun (Khyber Pakhtunkhwa, Pakistan)	IE (<u>Pashto</u>)	96	0	0	2.1%	11.5%	4.2%	0	6.2%	0	12.5%	0	5.2%
Pathan (Khyber Pakhtunkhwa, Pakistan)	IE (<u>Pashto</u>)	21	4.8%	0	0	9.5%	14.3%	0	0	0	9.5%	0	0

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Punjab Brahmin (Punjab, India)	IE (<u>Punjabi</u>)	28	3.58%	0	3.57%	3.57%	0	0	21.43%	0	7.14%	0	0
Punjabi (Punjab, India)	IE (<u>Punjabi</u>)	66	3%	0	0	0	4.6%	0	21.2%	0	12.1%	0	0
Punjabis (<u>Punjab,</u> Pakistan)	IE (<u>Punjabi</u>)	48	2.08%	0	0	8.33%	6.25%	0	27.08%	0	4.17%	0	0
Rajput (North India)	IE (<u>Indo-Aryan</u>)	29	3.4%	0	3.4%	0	20.7%	0	17.2%	0	6.9%	0	3.4%
Rakhine (Bangladesh)	ST (Arakanese)	107	0	0	0	1.87%	6.54%	1.87%	13.08%	0	29.91%	3.74%	0
Shia (India)	IE (<u>Urdu</u>)	154	9.1%	11%	3.3%	9.7%	7.8%	0	19.5%	3.3%	3.9%	0	2%
Sindhi (Sindh, Pakistan)	IE (<u>Sindhi</u>)	21	0	0	0	0	0	0	33.3%	0	4.8%	0	0
Sinhalese (Sri Lanka)	IE (Sinhala)	39	0	0	10.3%	0	10.3%	0	10.3%	0	18%	0	0
Sri Lanka	IE (<u>Sinhala</u>)	74	0	0	9%	0	15%	0	14%	1%	19%	0	0
Sourashtrians (Brahmin) (Tamil Nadu, India)	IE (<u>Gujarati),</u> Dr (<u>Tamil</u>)	46	6.5%	0	4.4%	0	15.2%	0	2.2%	0	26.1%	0	2.2%
South Indian Tribals (South India)	Dr (<u>Dravidian</u>), AA (Austroasiatic)	315	8.6%	0	18.1%	0	31.1%	0	2.9%	0	7%	0	6.7%
South castes (South India)	Dr (<u>Dravidian</u>)	447	5.1%	0	11.9%	0	14.1%	0	9.8%	5.6%	21.9%	0	1.6%
Sri Lanka	IE (Sinhala), Dr (<u>Tamil</u>)	91	3.3%	0	9.9%	5.5%	25.3%	0	19.8%	0	15.4%	0	1.1%
Sri Lankan Tamils (UK)	Dr (<u>Tamil</u>)	55	1.8%	0	0	0	29.1%	0	14.5%	0	18.2%	0	0
Sunni (India)	IE (<u>Urdu</u>)	104	7.7%	0	2%	5.8%	10.6%	0	15.4%	2%	3.8%	0	2.9%
Tamil Nadu (India)	Dr (<u>Tamil</u>)	1680	4.4%	0.3%	16.3%	3.1%	23.6%	0	2.1%	14.0%	2.0%	0	0.4%
Terai Hindus (Terai, Nepal)	IE (<u>Nepali</u>)	26	11.5%	0	0	0	3.8%	0	3.8%	0	0	0	3.8%
Tharu (Nepal)	IE (<u>Tharu</u>)	171	0.6%	0	0	0	25.7%	0	14%	0	2.3%	0	36.8%
<u>Tripuri</u> (Bangladesh)	ST (Kokborok)	107	0	9.41%	0	1.18%	3.53%	3.53%	10.59%	0	65.88%	0	0
Uttar Pradesh (South) Kols (Uttar Pradesh, India)	AA (<u>Munda</u>)	54	0	0	0	0	11.11%	0	33.34%	0	0	0	40.74%
Uttar Pradesh (South) Gonds (Uttar Pradesh, India)	Dr (Gondi)	37	0	0	0	0	59.46%	0	18.92%	10.81%	0	2.7%	8.11%
Uttar Pradesh Brahmin (Uttar Pradesh, India)	IE (Hindi)	31	0	0	0	0	16.13%	0	3.23%	0	3.21%	0	0