

Eastern Ghats, an Archeological View

by Potluri Rao In Seattle ©2018 (CC BY 4.0)

The Eastern Ghats are the mountains on the East Coast of India, to the east of the Satpura Ridge. The area to the west of the Satpura was the Trikuta, the headwaters to Narmada, Sone, and Ken rivers. Hindu lived in the Trikuta from 20,000 BCE to 2,000 BCE. When the monsoon winds changed their direction around 2,000 BCE, the west side fertile lands (Trikuta) turned into wastelands, and the wastelands (Eastern Ghats) on the east side turned into fertile lands. All the people on the west side of the Satpura were forced to move to the east side. The Eastern Ghats were occupied only after 2,000 BCE.

